

Date: 9/4/25

**PREP Grades K-5 LAUSD Breakfast Menu**  
**October 27 – 31, 2025**

	<b>Monday 10/27</b>	<b>Tuesday 10/28</b>	<b>Wednesday 10/29</b>	<b>Thursday 10/30</b>	<b>Friday 10/31</b>
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
<b>Entrée 1</b>	Cinnamon French Toast <b>V</b> (R2222)	Morning Magic Bagel <b>V</b> (R2292)	<b>LTO-</b> Turkey Sausage & Pancake Bites (R5818)	Hot Honey Chicken Jalapeno Biscuit Sandwich (R0975)	Café LA Coffee Cake <b>V</b> (CMS #2773, R2245)
<b>Entrée 2</b>	Deluxe Cereal Bowl <b>V</b>	Chocolate Chip Muffin <b>V</b> (CMS #2029, R2646)	Yogurt 4 oz. & Crackers <b>V</b> (R5617-DW, R5618-CB)	Deluxe Cereal Bowl <b>V</b>	Yogurt 4 oz. & Nutri-Grain Bar <b>V</b> (R5721-DW, R5722-CB)
<b>Entrée 3</b> <i>Vegan</i>	Cinnamon Toast Crunch (CMS #1623, R2437)	Morning Magic Bagel (R2292)	Guava & Apple Pastelito (CMS #2095, R2450)	Cinnamon Toast Crunch (CMS #1623, R2437)	Morning Magic Bagel (R2292)
<b>Entrée 3</b> <i>Vegan</i>	<b>BIC Sites:</b> Put at least 1 serving of the Vegan option in each BIC bag each day.				
<b>Fruit (½ c)</b>	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
<b>Fruit Juice (½ c, 4 oz.)</b>	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice	Fruit Juice
<b>Milk (8 oz.)</b>	Milk	Milk	Milk	Milk	Milk
<b>Condiments</b>	-	Cream Cheese, (CMS #7097-DW, #9043-CB), Strawberry Jam	Taco Sauce or Tapatio	-	Strawberry Jam

**All the Grain/Bread items served are whole grain rich.**

**V** = Vegetarian

**Deluxe Cereal Bowl**

Cinnamon Toast Crunch (CMS #1623, R2437)	Honey Bunches of Oats (CMS #1425, R2448)	Honey Cheerios (CMS #1442, R2449)
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**Fresh Fruit**

Apple Slices, Red (CMS #3935, R3346)	Banana (CMS #3204, R3005)	Grapes (CMS #3176, R3268)
Kiwi (CMS #3846, R3288)	Pear, Bosc (CMS #3938, R3373)	Plum (CMS # 3522, R3152)

**Milk (8 oz.)** – Must serve at least two (2) of the following options:

Fat-Free	Low-Fat	Fat-Free Lactose Free
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Date: 9/4/25

**PREP Grades K-5 LAUSD Lunch Menu**  
**October 27 – 31, 2025**

	<b>Monday 10/27</b>	<b>Tuesday 10/28</b>	<b>Wednesday 10/29</b>	<b>Thursday 10/30</b>	<b>Friday 10/31</b>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
<b>Entrée 1</b> <i>Café LA Favorite</i>	Walking Taco Nachos (Turkey & Cheese) & Pico De Gallo (R5708)	Pepperoni Pizza Wedge (R0730) <b>AND/OR</b> Cheese Pizza Wedge <b>V</b> (R1063)  Optional Pizza Variations: Hawaiian Pizza (R1125), Mexican (R1154), Supreme Pizza (R1155)	Chicken Corn Dog (R0920)	Mini Mozzarella Bites with Marinara Sauce (R1153)	*Optional: Fresh Topping for both sandwiches  Breaded Chicken Sandwich* (R0210) <b>AND/OR</b> Spicy Breaded Chicken Sandwich* (R0206)
<b>Entrée 2</b> <i>Bowl</i>	Beef & Cheese Taquitos (R0167) & Fresh Salsa (R4613)	BBQ Beef Rib Patty Sandwich with Pickles & Coleslaw (R5705)	Chicken Alfredo Pasta (R5734)	Orange Chicken & Rice Bowl (R5593)	<b>NEW</b> - Beef Birria Burrito (R0198) Optional: Consume (R7117)
<b>Entrée 3</b> <i>Vegan</i>	Vegan Chik'n Tenders (R6043) Artisan Roll (CMS #6068, R2183)	Impossible Burger* (R6032) *Optional: Fresh Topping	Chik'n Nuggets (R6021) Artisan Roll (CMS #6068, R2183) <b>OR</b> Buffalo Chik'n Nuggets (R6031) Artisan Roll (CMS #6068, R2183)	Vegan Teriyaki & Carrot Rice Bowl (R6041)	*Optional: Fresh Topping for both sandwiches  Chik'n Sandwich* (R6029) <b>AND/OR</b> Spicy Chick'n Sandwich* (R6051)
<b>*OPTIONAL FRESH TOPPINGS:</b> Fresh Lettuce (R4642) OR Lettuce & Tomato (R4520), and/or Fresh Pickles (R4618)					
<b>Fruit &amp; Veg.</b>	<b>Refer to Harvest Bar or Harvest Stand Menu</b>				
<b>Vegetable</b> (½ c)	<b>No Hot Veg</b>	Roasted Potato Wedges (R4370)	<b>No Hot Veg</b>	<b>No Hot Veg</b>	Roasted Potato Wedges (R4370)
<b>Milk (8 oz.)</b>	Milk	Milk	Milk	Milk	Milk
<b>Treat Item</b>	Offer the Pumpkin Spice Cookie (R2650/CMS #2612) once this week as an Extra Treat.				
<b>Condiments</b>	Taco Sauce or Tapatio, BBQ Sauce, Ketchup	Ketchup, Mustard, Ranch	Ketchup, Taco Sauce or Tapatio, BBQ Sauce, Mayo, Mustard	Sriracha Sauce	BBQ Sauce, Ketchup, Taco Sauce or Tapatio Mustard

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**Milk (8 oz.)** – Must serve at least two (2) of the following options:

Fat-Free	Low-Fat	Fat-Free Lactose Free	Fat-Free Chocolate	Fat-Free Strawberry
<b>Milk Service Guidelines:</b> <ul style="list-style-type: none"><li>• At least one (1) unflavored milk must always be offered</li><li>• Flavored milk (i.e., chocolate &amp; strawberry) can only be offered to students in 1<sup>st</sup> grade and above.</li></ul>				

Date: 9/4/25

**PREP Grades K-5 LAUSD Supper Menu**  
**October 27 – 31, 2025**

	<b>Monday 10/27</b>	<b>Tuesday 10/28</b>	<b>Wednesday 10/29</b>	<b>Thursday 10/30</b>	<b>Friday 10/31</b>
<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>	<b>SUPPER</b>
<p align="center"><b>⚠️: Shows possible choking hazards or spicy items NOT for students under 4 years old.</b>  <b>Refer to Guidelines for Serving Students Under 4 Years Old for substitutes.</b></p>					
<b>Entrée 1</b> <i>Hot AND/OR Cold</i>	Breaded Chicken Nuggets (R0953)	Chicken, Cheese & Chili Flauta ⚠️ (R0978)	Cheeseburger Sliders (R0137)	Fiestada Stuffed Sandwich (Beef & Cheese) (R0159)	Bean & Veggie Taco Crisp Up ⚠️ (R1958)
	Manager's Choice Yogurt Parfait** ✓ Food & Nutrition Crackers ✓ (CMS #1590, R2428)	Manager's Choice SUPPER Sandwich**	Sunbutter & Strawberry Jelly Sandwich ✓ ⚠️ (R1943)	Turkey Stick ⚠️ (CMS #2065, R0759) & String Cheese ⚠️ (CMS #2902, R1047) Cheez-It Crackers (CMS #1239, R2410)	Manager's Choice SUPPER Sandwich**
	<p align="center"><b>Shelf-Stable Meal Kits require AFSS approval to serve:</b>            1. Beef Stick Meal Kit ⚠️ (CMS #1688, R5798), 2. Turkey Stick Meal Kit ⚠️ (CMS #1435, R5810), <b>OR</b> 3. Sunbutter &amp; Jelly Meal Kit ✓ ⚠️ (CMS #1683, R5797)</p>				
<b>Entrée 2</b> <i>Vegan</i>	<p><b>ONLY PROVIDE A VEGAN SUPPER UPON REQUEST. Provide a vegan entrée that is <i>different</i> than what was served for lunch the same day.</b>  <b>Entrée Options:</b> 1. Chik'n Nuggets (R6021) &amp; Artisan Roll (CMS #6068, R2183) 5. Impossible Burger (R6032)            2. Buffalo Chik'n Nuggets ⚠️ (R6031) &amp; Artisan Roll (CMS #6068, R2183) 6. Sunbutter &amp; Strawberry Jelly Sandwich ⚠️ (R1943)            3. Vegan Chik'n Tenders (R6043) &amp; Artisan Roll (CMS #6068, R2183) 7. Apple Cinnamon Chickpea &amp; Grape Jelly Sandwich ⚠️ (R1944)            4. Chik'n Sandwich (R6029) 8. Spicy Chick'n Sandwich ⚠️ (R6051)</p>				
<b>Vegetable</b> (½ c)	Tropical Trio Slush (CMS #2665, R4524)	Golden State Juice (CMS #1485, R4666)	Celery Sticks ⚠️ (CMS #3826, R4658)	Roasted Potato Wedges (R4370)	Petite Baby Carrots ⚠️ (CMS #3006, R4010)
<b>Fruit</b> (½ c)	Fresh Fruit	Fresh Fruit	Cherry Lemon Cup (CMS #2981, R3852)	Fresh Fruit	Frozen Tangerine Juice Cup (CMS #2871, R3856)
<b>Milk (8 oz.)</b>	Milk	Milk	Milk	Milk	Milk
<b>Condiments</b>	Ketchup, Mayo, Mustard, Tajin	Tajin	Tajin, <u>Optional</u> : Ranch	Taco Sauce or Tapatio, Tajin	Tajin, <u>Optional</u> : Ranch

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**\*\*MANAGER'S CHOICE OPTIONS FOR SUPPER**

<b>SANDWICHES</b>	1. Apple Cinnamon Chickpea & Grape Jelly Sandwich ✓ ⚠️ 2. Toasted Cheese Sandwich ✓ (R1086-IW, R1159-Scratch) 3. Turkey Breast & Cheese Sandwich (R1163)	4. Tuna Sandwich (R5619) 5. Sunbutter & Strawberry Jelly Sandwich ✓ ⚠️
<b>PARFAITS</b>	1. Blueberry Parfait ✓ (R1690-DW, R1691-CB)	1. Mango Parfait ✓ (R1692-DW, R1693-CB) 2. Strawberry Parfait ✓ (R1694-DW, R1695-CB)

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